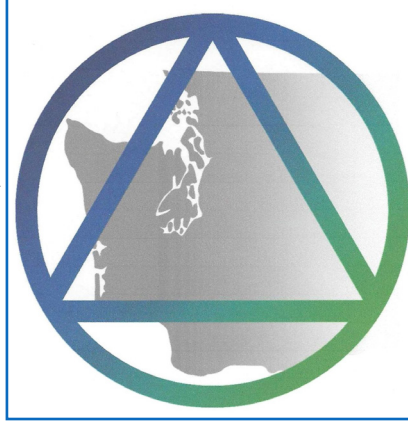




District 29 June 2026 ~Action Log~ Newsletter

Editor's Note: Happy June!!! And Summer. The 6th month the 6th Tradition, see how that works. I see a lot of humility in this tradition meaning you have to practice it. If you are (or allowing someone to) boast or brag telling Media AA business, that's all ego. And I can't see one person representing the whole of us all. I know I enjoy the saying "Who you see here and what you hear here, let it stay here." This allows us a safe outlet and ways for us to heal or grow.



DEADLINE FOR REPORTS, EVENT FLYERS, ARTICLES OR JUST ADDONS IS THE

Tradition 6:

"An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

"The Action District"

4th of every month.

Email them to:

d29actionlog@pugetsoundaa.org

In your report please add day of the week, time and full location address of your meeting, so we can share the message.

Reminder of Upcoming Events:

More Info on Page:

Jun 9th	District 29 Monthly Business Meeting	15
Jun 13th	Area 72 GV, La Vina, & Lit Quarterly	21
Jun 14th	Delegate Report Back Eastside F&R	23
Jun 14th	DCM School (Hybrid)	
Jun 20th	Area Corrections Quarterly	21
Jun 20th	Delegate Report Back (Peninsula Districts)	23
Jun 21st	Delegate Report Back (District 25)	23
Jun 26th	Pacific Northwest Conference	24
Jul 7th	Event Planning Meeting	15
Jul 10-11	Area 72 Committee Quarterly Business meeting	
Jul 11th	District 29 Family Picnic	26
Jul 14th	District 29 Monthly Business Meeting	15

All event information can be found by going to **area72aa.org** go to Events then click on calendar date. Some information printed on above page #.

7TH TRADITION CONTRIBUTIONS

In keeping with AA's 7th Tradition of self-support, we accept contributions only from AA members.

***When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.**

DISTRICT 29:

Mailing Address:

Alcoholics Anonymous – District 29
PO Box 1439
Puyallup, WA 98371

*Make checks payable to Alcoholics Anonymous – District 29

AREA 72:

Mailing Address:

Western Washington Area 72
1901 Cornwall Avenue #745
Bellingham, WA 98225

*Make checks payable to Western Washington Area 72

Online contributions: <https://area72aa.org>

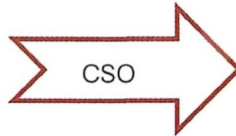
CENTRAL SERVICE OFFICE:

In person Contributions or Mailing Address:

Puget Sound AA
3640 S Cedar Street, Suite S
Tacoma, WA 98409

*Make checks payable to Puget Sound AA

Online contributions: www.pugetsoundaa.org/contribute



*Wondering how to contribute?
What is a prudent reserve?
How to pass a "virtual" basket?*

Check out the AA pamphlet "Where Money and Spirituality Mix"

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.

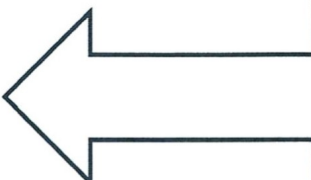
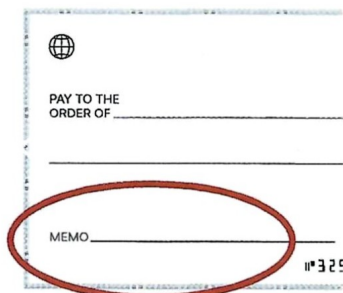
GENERAL SERVICE OFFICE:

7TH Tradition Contributions Mailing Address:

General Service Office
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407

*Make checks payable to the General Service Board

Online contributions: <https://contribution.aa.org>



MAKE SURE YOUR CONTRIBUTIONS COUNT!
DON'T FORGET TO INCLUDE YOUR GROUP NUMBER OR,
IF IT'S AN INDIVIDUAL CONTRIBUTION, NOTE THAT YOU ARE A MEMBER OF AA.

TRUSTED SERVANTS

DCM: Fred J dcm29@area72aa.org
Alt: Amanda M altdcm29@area72aa.org
Secretary: Sara M dist29secretary@area72aa.org
Alt: Open
Treasurer: Dan C dist29treasurer@area72aa.org
Alt: Ryan W
Accessibility: Ty S dist29accessibility@area72aa.org
Alt: Open
Archives: Deborah M dist29archives@area72aa.org
Alt: Open
Corrections: Open dist29corrections@area72aa.org
Alt: Open
CPC: Open dist29cpc@area72aa.org
Alt: Open
CSO Director 1: David D d29csodir1@pugetsoundaa.org
CSO Director 2: Open d29csodir2@pugetsoundaa.org
Grapevine/Lit: Cheryl A dist29gvlit@area72aa.org
Alt: Open
Newsletter: Grace C d29actionlog@pugetsoundaa.org
Alt: Mary N
PI: DeeDee dist29pi@area72aa.org
Alt: George N
Registrar: Brittany U dist29registrar@area72aa.org
Third Legacy: Alana W dist29thirdleg@area72aa.org
Alt: Carol J
Treatment: Greg E dist29treatment@area72aa.org
Alt: Jose Q
12 Step: Jake F
Facilities Liaison: Steve B

DCM = District Committee Member
 CPC = Cooperation with Professional Community
 PI = Public Information
 GSR = Group Service Representative
 CSO = Central Service Office

Elected WW Area 72 Trusted Servants of Panel 75

DELEGATE: Courtney S delegate@area72aa.org
ALT DELEGATE: Lupita YM altdelegate@area72aa.org
CHAIRPERSON: Derek S chair@area72aa.org
ALT CHAIRPERSON: Lisa S altchair@area72aa.org
TREASURER: Theresa P treasurer@area72aa.org
ALT TREASURER: Eddy MM alltreasurer@area72aa.org

District 29 Groups

Above Ground.....Gary S
 Alt. Emillie M
 Back To Basics.....Rex J
 Eatonville
 Eatonville Women's.. Christina P
 Alt. Diana P
 Elbe Friday Nighters
 FIR.....Bruce K
 Alt. Kevin O
 Firgrove.....Laurie S
 Alt. Andy F
 Graham Women's.....Mary N
 Alt. Michelle L
 Hang In There.....Mike A
 Alt. Fred D
 Keep It Simple Sumner...Chris L
 Alt. Don S
 Living Free.....Ryan W
 Alt. Clint D
 Loft.....Sophia N
 Alt. Annie M
 Meeker.....Misty M
 Alt. Maria H
 Ohop.....Chelsea P
 Alt. Sierra S
 On Track Again.....Beatriz C
 Alt. Holly C
 Orting Fireside.....Joshua D
 Alt. Jill N
 Orting Hole In The Donut...Jill N
 Alt. Ethan W
 Out to Lunch Bunch
 Puyallup Men's Stag.....Shaun R
 Alt. Bret L
 Puyallup Service Group..Bryce J
 Alt. Jasmine P
 Seeking Our Solution...Rachel K
 Alt. Jeff J
 Sober Sisters of Sumner....Pam N
 Solution Is The Journey....John P
 Trudging The Road.....Jackie R
 Trusted Servants.....Janeah O
 Alt. Laura S
 Women On Tapps.....Tracie L
 Alt. Janice M

Trusted Servants Monthly Reports

DCM: Fred J

[Report on Page 6](#)

dcm29@area72aa.org

Alt: Amanda M

[Report on Page 6](#)

altdcm29@area72aa.org

Secretary: Sara M

dist29secretary@area72aa.org

Alt:

Treasurer: Dan C

dist29treasurer@area72aa.org

Alt: Ryan W

[Report on page 5](#)

Accessibility: Ty S

dist29accessibility@area72aa.org

Alt:

Archives: Deborah M

dist29archives@area72aa.org

Alt:

[Report on page 17](#)

Corrections:

dist29corrections@area72aa.org

Alt:

CPC:

dist29cpc@area72aa.org

Alt:

CSO Director 1: David D

d29csodir1@pugetsoundaa.org

CSO Director 2:

d29csodir2@pugetsoundaa.org

Grapevine/Lit: Cheryl A

dist29gvlit@area72aa.org

Alt:

PI: DeeDee B

[Report on page 18](#)

dist29pi@area72aa.org

Alt: George N

Registrar: Brittany U

dist29registrar@area72aa.org

Third Legacy: Alana W

dist29thirdleg@area72aa.org

Alt: Carol J

[Report on page 17](#)

Treatment: Greg E

dist29treatment@area72aa.org

Alt: Jose Q

Newsletter: Grace C

d29actionlog@pugetsoundaa.org

Hello to All in District 29,

Please join us at the picnic this Summer July 11th. I will be in the Raffle area. Come up and say "hi"!

I'm happy to announce Mary my alternate will be making a mock version of the newsletter next month that you may or may not see. Then she will officially take over in August. We have fought to get this far with many obstructive events playing out. Some were technology related and Mary will be able to selected a method that best suits her. This position has helped me learn so many things and to enjoy being of service helped me be humble and stay sober.

Thank you for allowing me to share and be of service, Grace C

Alt: Mary

Greetings everyone! I can't wait til our upcoming picnic! Please come support District 29! And, as Grace mentioned, I am working on taking over the reins of our Action Log! Things will look a little different, and I will have to remember, progress, not perfection! Thank you all for ongoing patience and support, Mary N.

12 Step: Jake F

Facilities Liaison: Steve B

[Report on page 17](#)

Responsibility Statement

**I am responsible, when anyone, anywhere reaches out for help,
I want the hand of AA always to be there, and for that:
I am responsible.**

District 29 Treasurer's Report May 2026

Groups	Donations											
	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Above Ground	\$ 45.00	\$ 52.00	\$ 40.00	\$ 40.00	\$ 40.00							
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00	\$ 40.00							
Eatonville Group	\$75.00											
Eatonville Womans Group												
Elbe Friday Niters												
FIR (Fellowship In Recovery)		\$700.00										
Firgrove Group		\$480.00										
Graham Womans Group		\$50.00										
Hang in There (HIT)					\$667.00							
Hole in the Donut			\$50.00									
Keep It Simple Summer (KIS)												
Living Free												
Loft Group		\$366.00	\$33.00	\$33.00	\$33.00							
Meeker Fellowship					\$ 80.00							
OHOP Nuts and Bolts	\$176.70				\$199.70							
On Track Again												
Orting Fireside												
Out to Lunch Bunch					\$400.00							
Puyallup Men's Stage												
Puyallup Service Group												
Seeking Our Solution (SOS)												
Sober Sisters of Sumner	\$215.00											
Solution is the Journey												
Trusted Servants	\$ 100.00		\$100.00	\$50.00	\$100.00							
Women on Tapps			\$100.00									
District 29 7th Tradition	\$ 66.00	\$100.00	\$42.00	\$100.00	\$52.00							
Income Special Events												
corrections pink can												
Total income this month	\$ 717.70	\$1,788.00	\$405.00	\$263.00	\$1,611.70							
EXPENSES												
DCM												
Alt DCM			\$42.00									
Secretary												
Treasurer		\$15.60										
Newsletter					\$360.00							
Accessibility												
Archives	\$418.41	\$108.36		\$133.98	\$94.09							
Third Legacy												
Corrections												
C.P.C		\$51.80										
Pub. Info		\$50.48			\$45.41							
Registrar												
Treatment												
12 Step												
Facility Liason	\$ 36.42											
Annual Donation CSO 60%	\$ 6956.54											
Annual Donation WWA 30%		\$3,478.27										
Annual Donation GSO 10%	\$ 1159.42											
CSO Phones/zoom	\$ 76.03	\$76.03	\$ 76.03	\$ 76.03	\$ 76.03							
Meeting Room Rent	\$200.00	\$200.00	\$200.00	\$ 200.00	\$200.00							
Post Office Box				\$ 216.00								
Storage Rent	\$ 147.00	\$147.00	\$ 147.00	\$ 147.00	\$ 147.00							
Total expenses	\$ 8,993.82	\$ 4127.54	\$ 465.03	\$ 773.01	\$ 977.48							
NET Monthly Balance	\$ 8,276.12	\$ 2,389.54	\$ 60.03	\$ 510.01	\$ 634.22							
Beginning Bank Balance	\$28,696.23	\$ 20,420.11	\$ 18,080.57	\$ 18,080.54	\$ 17,510.53							
Ending Bank Bal.	\$ 20,420.11	\$ 18,080.57	\$ 18,020.54	\$ 17,510.53	\$ 18,144.75							
Operating balance	\$1,570.34	\$ 2,709.07	\$2,649.04	\$2,139.03	\$2,828.20							
PRUDENT RES. **	\$3,451.50	\$3,451.50	\$ 3,451.50	\$ 3,451.50	\$ 3,451.50							
Special Events Begin Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00							
Picnic Income												
Picnic expenses					\$54.95							
Picnic Balance	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00	\$ 1,920.00	\$ 1,865.05							
Gratitude Banquet Exp												
Gratitude Banquet Income												
Gratitude Banquet Balance	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00	\$ 10,000.00							
Special Events End Bal	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,920.00	\$ 11,865.05							

DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

DCM

Greetings from your District DCM,

The Summer has been pretty busy so far. We are finalizing the plans for the District 29 Annual Family Picnic out at Frontier Park on July 11th. Picnic Committee is busy gathering to make it a good day for everyone. I won't be able to attend in person this year the Area 72 Business Quarterly is over that same weekend. But my Alt DCM Amanda will be there. Make sure you go up and say "hi" to her.

We are in the process of scheduling our District 29 Delegate Report Back. The District 29 Pre-Assembly flyer is on page 20. Those wishing to book hotel room for the October 2026 Assembly need to call the casino at this point, the online link does not appear to be working.

In Service

Fred Johnstone
District 29 DCM
d29dcm@area72aa.org
(253) 229-7435

Please note our change in Zoom information, for District 29 Business meetings held every 2nd Tuesday of the month. All AA members are welcome to join us.

Zoom ID: 882 6118 3379

Passcode: 983646

Alt DCM

Hello District 29,

I'm so excited, I'm looking forward to seeing you all at the Annual District 29 Family Picnic. It's so close now, July 11th - 11-3pm, at Frontier Park. More information on page 26. Potluck bring something to share, we will have the hamburgers and hot dogs cooking. Bring the whole family, activities scheduled for everyone. Don't forget we've been gathering loose change for the Famous Annual Kids Hay Coin Hunt. Bring a towel there will be sprinklers on. With all the activities going on that day my favorite is the Raffle. Checking out our very own groups and the baskets they will donated. Each of them working toward winning that group plaque award for a year! And another favorite 50/50 raffle, will be in the Raffle area.

So many people are working hard to make this event special and fun for you. Come and enjoy with us and don't forget to come by and say "Hi".

Amanda M
District 29 Alt DCM
altdcm29@area72aa.org

GROUP SERVICE REPRESENTATIVE GSR REPORTS

ABOVE GROUND*

The Above Ground Group has meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows to let in the natural light of day. Spring is upon us and what better way to spend an hour and a quarter than with good friends, hot coffee, and donuts? The church provides us with an extra room that we use for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are held at:

**SUMNER FIRST CHRISTIAN CHURCH
432 WOOD AVE
SUMNER, WA 98390**

On the last Friday of the month, we provide the cake and celebrate the sobriety of our friends. In **MAY** we celebrated with: **TRAVIS H 1 MONTH, BARRY G 5 YEARS, CAT D 6 YEARS, STEVE B 7 YEARS, LYNN L 30 YEARS, ERIC L 30 YEARS**

* Thank you Emilie for bringing the cake this month!

BACK TO BASICS*

*Hello!
Back to Basics group meets every Tuesday 7:00 p.m. at Mountain View Lutheran Church 3505 122nd Ave E, Edgewood. In the white chapel basement. We have a home group speaker share every third Tuesday of the month. First 3 Tuesdays of the month are closed meetings. Birthday nights are open meeting on the last Tuesday and we have treats to share. We hope to see you there!*

May 2026 Birthdays:

Austin - 24 hours, Steve B - 7 years, Ann - 9 years, Julia G - 31 years, Sue C - 31 years, Di - 38 years, Mary Kay - 41 years

EATONVILLE

We are still here in the hills! Eatonville has 2 meetings a week, Wednesday at 12:00 noon and Saturday at 9:00 am. At **American Legion Hall**, 123 Rainier Ave N, Eatonville, WA 98328

EATONVILLE WOMEN'S

**Tanwax Country Chapel
36417 Mountain Highway East
Eatonville, WA 98328**

We meet in the Education Building next to the church. Look for the room with the AA sign hanging on the doorknob.

**Weekly Meeting Format:
1st Saturday ~ Steps
2nd Saturday ~ AA Topic
3rd Saturday ~ Traditions
4th Saturday ~ AA Topic**

Hello from the Eatonville Women's Group! We are a new meeting where we explore and study the AA Steps and Traditions, as well as diving into the Big Book for discussion topics to support our journey together. Join us on **Saturdays at 10:00 a.m.**—birthdays on the 2nd Saturday, business on the last. Come check out this new space for women's recovery!

ELBE FRIDAY NIGHTERS

Greetings from greater virtual downtown Elbe!

Our meetings are on Zoom only and we meet every Friday evening at 7:00 pm. Take a virtual trip up to the Mountain and visit us.

We changed our Zoom account for the meeting as of March 6, 2026, there will be new credentials (listed here) or you can also find it at ElbeAA.org:

Congratulation to All Birthdays this month.

Join Zoom meeting
Meeting ID: 853 5480 6608
Passcode: 755075

FELLOWSHIP IN RECOVERY*

The ***Fellowship In Recovery*** Group is settled in this location at Light of the Hill, **United Methodist Church, 11304 136th St E, Puyallup, WA 98374** at 7 pm on Tuesday evenings and 8 am Saturday mornings. Our Birthday meetings are the last Tuesdays of the month and we have both AA and AI anon speakers. Most meetings begin with a short reading from the Big Book, except on the first Tuesday of the month when we study Traditions in the 12 & 12. And the first Saturday is Step study also from 12 & 12. ***Families In Recovery***- moved with us. Tuesdays also includes a concurrent meeting of ***Families In Recovery*** AI anon Family Group. Our meetings are open meetings. We look forward to seeing you!

May 2026 Birthdays for the F.I.R. group:

<i>3 months Nate B</i>	<i>10 months Alex</i>	<i>13 years Kevin O</i>
<i>5 months David S</i>	<i>11 months Ian H</i>	<i>30 years Chet K</i>
<i>8 months RJ</i>	<i>2 years Dave P</i>	<i>42 years Pete L</i>
<i>9 months Lance</i>	<i>2 years Steven H</i>	

FIRGROVE*

WELCOMED TO JUNE AND GREETINGS FROM THE FIRGROVE GROUP
I'm pleased to report that we are growing. We are welcoming lots of new faces and new homegroup members. There is still plenty of seating and the coffee is always on. Please come join us Monday and Friday at 8:00 p.m.

Many thanks to our guest speaker this month, James from the Yelm group for sharing your story. A wealth of experience strength and hope with 36 years of sobriety.

Birthdays for May:

Cody	24 HRS	Andy	10 MONTHS
Mark	24 HRS	Mike	11 MONTHS
Corey	30 DAYS	Anna	1 YEAR
Jessica	30 DAYS	Steve	7 YEARS
Charlie	60 DAYS	Ryan	22 YEARS
Joseph	4 MONTHS	Craig	24 YEARS
RJ	8 MONTHS	Debra	33 YEARS

Thank you all for celebrating your sobriety with us. And as always thank you to our cake maker Laurie for a fabulous birthday cake.

IN SERVICE TIM T

Pilgrim Lutheran Church
10510 136th St E
Puyallup, WA 98374

Newcomers are always welcome. We meet Mondays (closed) meeting Alcoholics only 8pm-9pm
Fridays (open) meeting 8pm-9:15pm
Business meeting 3rd Monday of the month at 6:30pm. Followed with a Traditions meeting at 8pm-9pm
Birthday speaker meeting the last Friday of the month 8pm-9:30pm. With speaker, coins and cake.

GRAHAM WOMEN'S GROUP*

We welcome all women to join us and share their experience, strength and hope.

Graham Women's Group meets on Saturdays from 9am to 10:15am at:

Lutheran Church of St Paul
22419 108th Ave E
Graham WA 98338

We are a hybrid meeting:
Zoom ID: 428 9538 662
Password: 036816

Birthdays are celebrated the last Saturday of each month. We love celebrating recovery birthdays, please come join us. **May Birthdays:**

Ariel - 3 months

Business meetings are held on the 1st Saturday each month immediately after our regular meeting.

HANG IN THERE*

**Hang In There (HIT) Group Report
May 2026**

We welcome everyone to our group! This is a kid and dog friendly meeting.

Our meetings on Zoom are held **Monday – Saturday, 11 am-12:15 pm**

Meeting ID: 870 333 8446 (New zoom ID) Password: 201999

***We no longer provide verification letters of meeting attendance on Zoom.**

We meet in-person Monday – Saturday, 11 am-12:15pm

At Christ Community Baptist Church – portable classroom #3

Address: 8016 176th St E, Puyallup, WA 98375

Meeting opens at 10:30 am for fellowship.

Upcoming Events:

June Business Meeting will be held on Friday, 06/26/26 immediately after our birthday meeting.

June Birthday Meeting will be held on Friday, 06/26/26 during our regular meeting hours. Join us for cake, ice cream and a speaker!

April Birthdays – Speaker, Ted P.

2 mo. – Aerial H.
Mark Z.

4 mo. – Ally B.

6 mo. – Bob H.

7 mo. – RJ M.

2 yrs. – Tori H.

3 yrs. – Wanda R.

8 yrs. – Patty G.

35 yrs. – Chuck L.

36 yrs. – Julie D.

50 yrs. – Joan H

May Birthdays – Speaker, Pam D.

1 mo. – Mike

2 mo. – Mary W.
Jack

3 mo. – Mark Z.

5 mo. – Aly B.
Ryan H.

6 mo. – Bob H.

7 mo. – Jeremy B.

8 mo. – RJ M.

1 yr. – Jay

18 mos. – Adam H.

2 yrs. – Danielle M.

7 yrs. – Christina L.

19 yrs. – Lisa O.

21 yrs. – Corrine J.

32 yrs. – Pam D.

Turtle P.

34 yrs. – Renee B.

39 yrs. – Richard K.

KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner Wednesday 7pm

Open meeting Wednesday 7 - 8pm. Birthday night is the last Wednesday of the month.

Our business meeting is the 2nd Wednesday of the month after the regular meeting.

LIVING FREE*

The Living Free Group is located in Puyallup at the corner of 5th and Pioneer at the Presbyterian Church, 412 West Pioneer Ave, every Sunday at 6:30 pm. This is an open meeting, and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6:00 pm. Our Home Group speakers for the month of May was Arsenio, who shared his Experience, Strength and Hope with all who were there.

May Birthdays:

1 Month	Aldin	8 Months	Brent
4 Months	Danielle	7 Years	Steve B
6 Months	Jacob B	43 Years	Robert

Hope to see all of you soon at Living Free!!!

Kevin C.

LOFT*

Check out: [Loft's Activity flyer on page 22](#)

Open Meetings:

Daily Meetings: Noon 6pm & 8pm

Friday, Saturday at 10 pm and
Sunday- Thursday at 9:30pm
Saturday and Sunday at 9 am

In-Person Women's Meetings:

Wed & Sun ~ 6pm

In-Person Men's Meeting:

Sunday at 8pm

In-Person LGBTQ+ Meeting:

Sunday at 4pm

Zoom Women's Meetings:

Wed & Sun ~ 6pm

ID: 862 7295 5592

Password: 035163

Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

At the Loft we love to have fun! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chairpeople and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on June 18th at 7pm.

🌊 July 18th — Join us Wild Waves! 🌊

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

Happy May Birthdays

Thank you to our Birthday Speakers:

Cynthia, Stephanie N, and Stephanie M

Teri K	2 months	Ali	3 months	Charlie H	4 months
Carly	5 months	Karrisa	5 months	Sarah	6 months
Jen	6 months	Karissa W	8 months	Michaeline P	9 months
Erin P	10 months	Georgia	11 months	Tanya M	1 year
Brandy W	1 year	Mia	2 years	Stephanie N	4 years
Janine C	6 years	Darcy	10 years	Tamara H	20 years
Tony	25 years	Grace	31 years	Dy	38 years

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

MEEKER FELLOWSHIP*

May 2026 Birthday Celebrations:

24 hours: Jordan S	2 years: Sarah B
24 hours: Alexis L,	2 years: Kenny G
24 hours: Waylon S	4 years: Matt W
1 month: Skye M	4 years: Megan M
2 months: Matt D	5 years: Samantha H
2 months: Brandi G	7 years: Jack C
2 months: Scott S	10 years: Amber G
3 months: Alex R	12 years: Kyle U
4 months: Jared A	24 years: Carolyn P
6 months: Ellie A,	43 years: Robert M
6 months: Drew B	
9 months: Steve M	

Check the board at Meeker Fellowship for community meeting dates and get involved: Activities Committee meets usually every 2 weeks on Saturday at 2PM. Dates on the white board, come get involved.

Come present your ideas for sober fun activities. Like the Elbe Train/ Spiritual Breakfast meeting - June 14th - 9am breakfast-Train ride 11am (34.00). Check with an Activities Club member.

- We have Meeker Fellowship t-shirts for sale \$20. Shirts are black and embroidered. See Maria or Luke to purchase a t-shirt.

*****We had an issue with 3 sign up sheets disappearing, please**

*****come sign back up on the new ones that are up. See Maria if**

*****you signed up early. Sorry for any inconvenience.**

*** Meeker Annual Campout is scheduled for August 7, 8, & 9 Camp Lakeview
Flyer is on page 25**

Women's Camp Out in Naches
July 24th & 25th See Patty for details.

New Year's Eve Potluck & Dance 12-31-2026 Puyallup Elks Lodge Later will be more info.

OHOP NUTS AND BOLTS*

Ohop Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387. We meet 7 days a week at 7pm. Monday is book study night. On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only). With Open (all welcome) on Thursday, Saturday and Sundays. Our business meeting is on Saturday *after* the second Tuesday each month at 5pm. Our birthday night is the last Saturday each month at 7pm. We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.

Ohop May Birthdays: Dan P - 24 hours, Mike H - 24 hours, Shaunice - 1 month, Aly B - 5 months, Ryan H - 5 months, Adam H 18 months, Lucinda B - 9 years, Vic - 11 years, Mark - 13 years, Gary T - 21 years, Turtle P 32 - years

ON TRACK AGAIN*

****WE HAVE MOVED****

Our group meets at Elbe Church Annex, 54206 Mountain Highway East, Elbe, WA 98330. This is the small building located east of the Elbe Church. We meet every Wednesday night at 6:00 pm for an open, discussion meeting. Our business meeting is held once a month, on the last Wednesday of the month, following the regular meeting. We welcome all to check out our new location and join us as we share our experiences, strength, and hope. **May Birthdays: Michael 26 years**

Meeker Fellowship

meets at

Puyallup Elks Lodge
314 27th St NE
Puyallup, WA 98372

Entrance door to the left,
Do not enter the main door.

Meeting times:

Mon-Sun	9am, 12pm, 5:30pm, *8pm
Wed	6am New meeting added
Sat & Sun	6am
Sat	9am Women's meeting
Sun	9am Men's meeting

» *** The 8pm meetings would love and needs your support and fellowship.**
» **Please come join us if you can.**

*** Saturday June 27th, 2026 ***

**Birthday Potluck Starts at 5pm,
Speaker Meeting at 6pm, Coin/Cake 7pm.**
Sign up to bring a dish and get a coin on your sobriety birthday or help others celebrate sobriety and grab a great meal.

Join us for a Mariner Baseball Game on June 29th 6:40 start. Come to a meeting and sign up - 16.00 covers admittance only.

ORTING FIRESIDE*

Greetings from Orting Fireside Group!

One day at a Time!

Our meetings are on Mondays and Thursdays 6:30-7:30 pm. We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360. We celebrate sobriety birthdays on the last Thursday of the month at 6:30 pm. Join us for pie, hot coffee, coins and a speaker. Thanks to Gary T our April speaker, for sharing your story.

Celebrating May Birthdays: Sam J...2 months, Joseph K... 4 months, Blair R...7 months, Clay M...24 years, Tori F...26 years, Michael K...26 years, Jo U...42 years

ORTING HOLE IN THE DONUT*

We welcome you to come visit Orting Hole In the Donut! We meet at the United Methodist Church, 109 Train St SE, Orting, WA 98360 on Sundays at 11:00 am. We have a Big Book Study on the 1st Sunday each month. We celebrate birthdays on the last Sunday of the month. We always have hot coffee, coins and fresh donuts. We hold our business meeting the 3rd Sunday of the month right after our meeting. In **May** congratulations to: **Laura S..... 24 hours, Travis H.....1 month, Steve B.....7 years, Judy C.....8 years, Clay M.....24 years, Michael K.....26 years, Shally.....39 years** Happy Birthday to our Friends! Come check out the small town of Orting with a Big view.

OUT TO LUNCH BUNCH*

Out to Lunch Bunch is the winner of the first ever 'Most Interest' Award at District 29 Gratitude Banquet 2025

The Out to Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet each Tuesday, Thursday, and Saturday at noon. Our Tuesday meeting is a book study. We just started reading the book 'Living Sober.' Soon we will be into the warmer months and we can turn off the heater for another season. *The church has provided us with an extra room that is good for private one-on-one talks.* We are located at:

**Sumner First Christian Church
432 Wood Ave.
Sumner, WA 98390**

The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of treat. All we ask of you is to bring your experience, strength, and hope. **In May we celebrated with: Ciara P 1 month, Steve B 7 years, Tom F 40 years ...and a roomful of people with another 24 hours.** Thank you Janet & Mike for bringing wonderful donuts.

PUYALLUP MEN'S STAG*

On behalf of District 29, we would like to formally acknowledge Puyallup Men's Stag Group and recognize the continued growth and positive momentum of the meeting. The increasing participation and engagement reflect the strength of the fellowship and the commitment of its members to recovery and service.

We would also like to recognize the following May 2026 sobriety milestones, which represent meaningful achievements and inspiration to others:

Scotty B - 10 months, John - 6 months, Steve - 5 months, RJ - 8 months, David - 10 months, Jullian - 6 months, Adam - 9 years, Sean S - 9 years, Mike - 11 months, Andy - 10 months, Mike - 24 hours, Mike 24 hours.

In addition, we extend our appreciation to Kenny G. from PMS for delivering an impactful and well received message. Also, for all that are interested, we have a phone commitment at the CSO every 4th Tuesday from 6pm-9pm!

Thank you for your continued dedication to Alcoholics Anonymous and for fostering a supportive and growing recovery community.

Respectfully, Scotty B. Member District 29 Puyallup Men's Stag

PUYALLUP SERVICE GROUP

*Hello we are Puyallup Service Group
We meet Wednesday and Saturdays at 8-9pm.
Our business meeting is the 3rd Saturday of every month.
Our birthday night is the last Saturday of every month.
Our phone commitment is the 4th Friday of every month
at the CSO from 6-9pm, all are welcome to join.*

*We meet at Celebration Lutheran Church
2500 Shaw Road East
Puyallup, WA 98371*

SEEKING OUR SOLUTION*

Winner of the group Award at the 2025 District 29 Picnic for the Best Decorated Basket

Seeking Our Solutions (SOS) meets every Saturday at 8:00 AM at the First Presbyterian Church of Puyallup (412 W Pioneer Ave). This is an open meeting, and families with children are welcome. On the second Saturday of each month, we read from The Grapevine. On the last Saturday of each month, we host a breakfast potluck to celebrate recovery milestones. Bring a dish and come hungry! Our business meetings happen quarterly on the third Saturday. The next one will be on August 15th. Homegroup members are encouraged to attend!

Best quote of the birthday meeting:

"If you are coming back from a relapse, congratulations. Not everyone who goes out gets to come back in"

In May, we proudly celebrated:

Blanche 7 months

Steve B. 7 years

Keep coming back!!

SOBER SISTERS OF SUMNER*

S.S.S is an open women's meeting that is child friendly.

We meet every Wednesday from 12:30-pm to 1:30pm.

We have been there so we'll be here for you. Let's grow

together. We are a fun group and understand the seriousness of getting and staying sober.

Sumner First Christian Church
432 Wood Ave
Sumner, WA 98390

Celebrating Birthdays for May 2026:

Jessica 2 months

Peggy 4 months

Dawn K 6 months

Pam N 11 months

Linda R 9 months

Sherrie S 3 years

Bailey H 10 months

Lynn L 30 years

Our business meetings are on the 3rd Wednesday of the month, right after regular meeting. We celebrate sober birthday on the last Wednesday of the month with coins, sweets, and lots of joy. We welcome all.

SOLUTION IS THE JOURNEY

We are going strong and open 5 days a week Monday thru Friday from 12 to 1. We celebrate birthdays on the last Friday of the month. And our business meeting is held on the second Tuesday following the regular meeting. We meet at:
Graham Church of Christ 9524 224th Street East, Graham, WA 98338

TRUDGING THE ROAD

First Presbyterian Church
412 W Pioneer Ave.
Puyallup, WA 98371

Every Thursday at 6 pm.
This meeting has concurrent AA, Ala-anon and Ala-teen meetings, the whole family can have a meeting.

TRUSTED SERVANTS

Hello from Trusted Servants!

Come one come all, please come join us each Monday at 7PM at Faith Covenant Church, 1915 Washington St, Sumner. Whether you're new or have been around awhile, we'd love to see you there! Our business meeting takes place on the 3rd Monday of each month at 6PM. Trusted Servants is a place for anyone seeking sobriety, connection, and support, we truly have room for everyone. Come be a part of our community and consider making Trusted Servants your home group.

We celebrate birthdays on the last Monday of each month. The potluck starts at 6:15PM, followed by Birthday chips and an open meeting at 7PM.

WOMEN ON TAPPS*

Lake Tapps Community Church
17017 Forest Canyon Road East
Lake Tapps, WA 98391

WOT is an open Women's meeting on Monday nights 7 pm to 8:15 pm. We have an attended child area, for mothers that need a meeting. We enjoy the increasing number women at the meeting. We are grateful for the joy of fellowship created by sharing our experience, strength and hope with each other. We were still celebrating the end of 3 day weekend on our usual Monday meeting. No speaker this month, when that happens we answer questions randomly out of the Big Book. It's funny how almost everyone doesn't like their picked question but it so relates to them. We enjoyed a potluck get together prior to the meeting, always the best event.

Our group's rotating schedule is:

- **1st Monday of the month is Big Book study**
- **2nd Monday is Step study**
- **3rd Monday is Tradition 12 & 12 study**
- **Last Monday is Birthday/speaker meeting**

Birthdays Celebrated in May 2026:

Louise R 7 months, Pam N 11 months, Rebecca 2 years

GSR EVENTS

GSRs: If you don't have an Alt, now is a great time and bring them to all events. This helps them prepare for their rotation. Next up, Delegate Courtney S returns attend a "Delegate Report Back" to find out the outcome. Welcome Home

All District meetings are the
Second Tuesday of every month
Next two July 14th & Aug 11th

In Person at:

Sumner First Christian Church
432 Wood Ave, Sumner, WA 98390

Or:

Zoom ID: 882 6118 3379

Passcode: 983646

Scheduled Committee Meetings:

(only the District meeting is on Zoom)

2nd Tuesday June 9th at 6:30 pm
District 29 Monthly Meeting and on Zoom

3rd Tuesday June 16th at 6:30 pm
District 29 Treatment Committee

4th Tuesday June 23rd at 5:30 pm
District 29 PI meeting

1st Tuesday July 7th at 6:30 pm
Event planning meeting - Picnic

2nd Tuesday July 14th at 6:30 pm
District 29 Monthly meeting & on Zoom

Delegate Report Backs are scheduled in all regions of our Area 72. Many are on Zoom. Page 23 list 3 of them, attend one than report to your group, the results our Area 72 Delegate Courtney S brought back for us.

GSRs - Pre-Assemblies are making there way on to our calendars. This year attend District 29's info on page 20. An afternoon of fellowship, bring some food (potluck) to share, and learn what will be happening when you attend the Assembly in October.

Planning for Assembly - registration form will be provided at the district meeting. This is for your group to start discussing saving for your trip. When ready you can register online Area72aa.org go to Events, then to October 2nd, and Area 72 Assembly. Read DCM Fred J report on page 6 more for information.

At this Assembly you will have fun voting for the new 6 members that will be in Service positions for the next 2 years starting in January 2027.

GSR Preamble

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the world of A.A.

We realize the ultimate authority is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this group conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.

GSRs or District members invite a group member to visit a District meeting. Trusted Servants are needed, this is a current list of open positions. Trusted Servants will be encouraged to attend the monthly District 29 meeting, submit a monthly report to the Action Log newsletter, and attend Committee Quarterlies. If any of these positions interest you, or you would like to know more please contact DCM Fred J via email dcm29@area72aa.org or (253) 229-7435. **Blue lettering** means only Alternate is needed.

Secretary Alt: The Secretary is responsible for maintaining a record of District business and activities for the GSRs and other committee members.

Corrections Chair And Alt: This position consists of any project reaching out to the alcoholics in prison, jail or other correctional facilities, writing alcoholics in prison, or helping the AA who is being released from prison to get to a meeting on the outside. Attends the Corrections Committee meeting, the District 29 monthly business meeting and the Correction Quarterlies.

CSO Director 2: District 29 has two representatives at the Central Service Office serving on the board of directors. The two members are required to attend the monthly meeting of the CSO Committee and the monthly District 29 meetings. Works with other Reps from Districts 43, 44, 45, 54, 9 and other committees.

Archives Chair Alt: Archivist is responsible for maintaining records of all the districts business, motions, activities changes that have been handed down since the district started. The Archivist also assists members needing to research something in our history. And attends the Archives Quarterlies to learn how to preserve our history. Archivist can take a traveling display to groups, group or district functions as invited. They may create a committee to assist in organizing and preserving the records.

Grapevine / Literature Chair Alt: The A Grapevine and Literature representative helps groups and GSRs with subscriptions/information on the AA Grapevine. Also keeps the groups up-to-date on new or featured materials published by the AA Grapevine and AA World Services. Attends District 29 monthly business meetings and Grapevine Literature Quarterlies.

Cooperation with Professional Community (CPC) Chair and Alt: Seeks to explain what AA is and is not to professionals who may encounter alcoholics. Typically, CPC carries information to doctors, nurses, dentists, clergy, lawyers, treatment facility counselors, police, judges, corporate employee assistance professionals, business managers and Union leaders. Attends District 29 business meeting and CPC Quarterlies.

Facilities Liaison Alt: Responsible for setting up for monthly District 29 Business meeting as well as putting away when meeting ends. Makes coffee and is the Liaison between the facility and the District group.

Accessibilities Alt: Provides AA message to those who would otherwise not have access. Attends monthly District 29 Business meetings, Accessibility Committee meeting and Accessibility Quarterlies.

12 Step Service Committee (TSSC) Alt: (This is a Sub-Committee of the CSO in Pierce County): And maintains 12 Step lists, coordinates home answering service, CSO phone volunteers and 12 step work/commitments. Attends TSSC/ 12 step meetings and District 29 monthly Business meetings.

**Please reach out if you'd like to be of service at the District level by contacting:
DCM Fred J dcm29@area72aa.org or (253) 229-7435**

May 2026 District 29 Third Legacy Report

Hello District 29,

Third Legacy would like to come to your business, birthday or regular meeting. Let us share with you our experience, strength, and hope. Our discussion will be of the AA service structure, AA service work, and a little bit about our journey to service.

District 29 Third Legacy was invited to share at District 54 Business meeting, our Third Legacy presentation. We did this on May 14th. I was working but the ones that did get to go say it was an honor and enlightening to speak to another District instead of a group. Mainly because they all have service positions already. They are interested in developing a similar program. Sharing our information felt good. Thank you to Fred J, Carol J, Steve B, Grace C, George N for taking the time to share.

In Service,
Alana W and Carol J
dist29thirdleg@area72aa.org

** Next group presentation will be Friday June 26th 8pm,
at Firgrove -10510 136th St. E, Puyallup, WA 98374
Please join us!

May 2026 District 29 Archivist Report

Hello to All,

Next Quarterly is on August 1, 2026 in Renton. Taking Archives storage non usable items to the dump this month. Making room for the new shelves.

Interested in being part of Archives, be an Alt for next few months, you could learn position and be Chair next rotation starting in January 2027.

Also share this link with your group.

Group life survey. Share your groups story... group life survey.
<https://area72aa.org/archives-group-life-service-survey/>

Thanks in service
Archives District 29
Deborah M.

dist29archives@area72aa.org

May 2026 District 29 Facilities Liaison Report

Hello to Everyone,

Description of this Service Position - Facilities Liaison: Responsible for setting up for monthly District 29 Business Meetings as well as putting away when meeting ends. Makes coffee and is the Liaison between the Facilities and the District group. This position is a Key holder and delivers rent.

Spring is here (not on the calendar, but definitely in my mind) although some days it doesn't feel that way. After all, it is June in Seattle! If you haven't noticed, the church has installed a prayer/meditation garden outside our entrance door. It is a wonderful place to talk to your Higher Power or simply listen. All are welcome and encouraged to attend our various district committee meetings held on Tuesdays throughout the month. Check the Action Log page 15 for the one you would like to attend, or better yet, come to them all and get involved in district activities.

Grateful,

Steve B

District 29 Facilities Liaison

May 2026 District 29 Public Information (PI) Report

Hello to All,

PI (Public Information) meeting is on the 4th Tuesday of every month at the First Christian Church, 432 Wood Ave, Sumner at 5:30 pm. Please send a member from your group to this meeting to collect information about what D29 PI has been accomplishing and how your group can help carry the message. Individuals are welcome to join also. PI will start scheduling panels when the new school year starts for local High Schools. If you want to be part of another amazing group of volunteers panel contact us. We will also have a information table at the Puyallup Fair grounds again this year. Volunteers are needed to man the booth. First you will need to take a class on "How to speak to the Public about AA". These are the dates of the classes, all held at CSO 3640 S Cedar St S, Tacoma, WA 98409 or on Zoom Meeting ID: 997 652 2235 Passcode: 534332 Dates: 6/30 6pm-7:30, 7/11 10am-11:30. 7/28 6pm-7:30, 8/3 6pm-7:30 Please attend a class and help us by volunteering at the Puyallup Fair AA booth. Once you take a class it is good for 2 years. Come join us and find out how we carry the message.

In Service,

DeeDee PI Chair - dist29pi@area72aa.org

Alt. PI George N (253)377-0453

July 2026 Area 72 Newsletter Editor Topic

For the July issue, we're asking:

How has service helped you grow?

Write about a time service helped you move away from a shortcoming and toward a more spiritual, positive way of living.

You might write about humility, patience, honesty, willingness, responsibility, tolerance, listening, showing up, asking for help, or learning to work with others.

Trusted servants: your regular reports are still welcome. You can send a report, write on this topic, or do both in the same article.

Members: you can write about the topic from your own experience. You do not need to hold a service position.

Please submit your report or story by June 20:

<https://news.area72aa.org/send-in-a-report-or-story/>

Best,

Erin E.

Newsletter Editor

newsletter@area72aa.org

Step 6

Were entirely ready to have God remove all these defects of character.

Tradition 6

An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from the primary purpose.

Concept 6

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Principle 6

Willingness

PUGET SOUND CENTRAL SERVICE OFFICE ANNOUNCEMENTS

Members in our Districts 9, 10, 29, 43, 44, 45 and 54:
We are in desperate need of volunteers to cover daytime shifts to answer phones and sell literature here at the PSCSO. Go to <http://www.aavolunteer.com>.

Retail Store: 3640 S Cedar St S, Tacoma, WA 98409

Open Monday - Sunday 10 a.m. to 6 p.m. and sometimes until 9:00 PM.

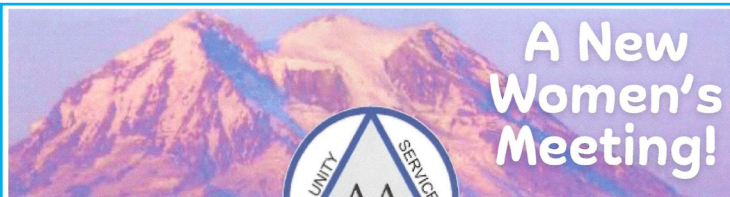
Please call first to make sure the admin or a volunteer is here before coming. 253-474-8897

Administrator office hours are:

Tuesday - Saturday 10:00 a.m. to 4:00 pm

Administrator contact #: 253-503-6845

Email: csadmin@pugetsoundaa.org



A New
Women's
Meeting!



*Eatonville Women's Group
Saturday's at 10 am*

**Tanwax Country Chapel
36417 Mountain Hwy East
Eatonville, WA 98328**

In the Education building next to the church
Look for the AA sign hanging on the doorknob

Weekly Meeting Format:

1st ~Steps 2nd ~AA Topic
3rd ~Traditions 4th ~AA Topic

We celebrate Birthdays the 2nd Saturday



XXX ANNIVERSARY OF LA VINA BY THE PACIFIC REGION
24, 25, & 26 JULY 2026 HOST AREA 72 WESTERN WASHINGTON



La Quinta Inn & Suites Tacoma-Seattle
1425 E. 27th St, Tacoma, WA 98421

Event Location and Host Hotel Info

Room Rate: \$159.00/night + tax (APPROX \$189)

by phone: (253) 383-0146 x 5 (mention "AAX la Vina" for our Group Rate)
or

<http://www.wyndhamhotels.com/hotels/53370?checkInDate=07/24/2026&checkOutDate=07/26/2026&groupCode=072426LAV>

Hotel rooms must be booked by 6/24/2026 to get the group rate

Registration and Banquet purchase, and 7th Tradition Contributions:

<https://donate.homegroup.online/vina>

If registering, please add address to memo. No bank charge using Zelle, Google Pay, Apple Pay, Cash App, PayPal, Venmo. Please note "vina" in the payment notes section. A bank service fee is applied when using credit or debit payments.



XXX ANIVERSARIO DE LA VIÑA POR LA REGIÓN DEL PACIFICO
24, 25, & 26 de julio de 2026. AREA ANTITRIONS: 72 OESTE DE WASHINGTON



La Quinta Inn & Suites Tacoma-Seattle
1425 E. Calle 27, Tacoma, WA 98421

Lugar del evento y Información del hotel anfitrión

Precio de la habitación: \$159.00/noche + impuestos (APROX. \$189)

Por teléfono: (253) 383-0146 x 5 (mencione "AAX la Vina" para obtener nuestra tarifa especial)

<http://www.wyndhamhotels.com/hotels/53370?checkInDate=07/24/2026&checkOutDate=07/26/2026&groupCode=072426LAV>

Las habitaciones de hotel deben reservarse antes del 24/06/2026 para obtener la tarifa de grupo

Inscripción y compra de banquetes, y contribuciones a la 7.ª Tradición:

<https://donate.homegroup.online/vina>

Si se registra, por favor añada su dirección en la nota. No se aplican cargos bancarios al usar Zelle, Google Pay, Apple Pay, Cash App, PayPal o Venmo. Por favor, indique "vina" en la sección de notas de pago. Se aplica una comisión bancaria al usar pagos con tarjeta de crédito o débito.



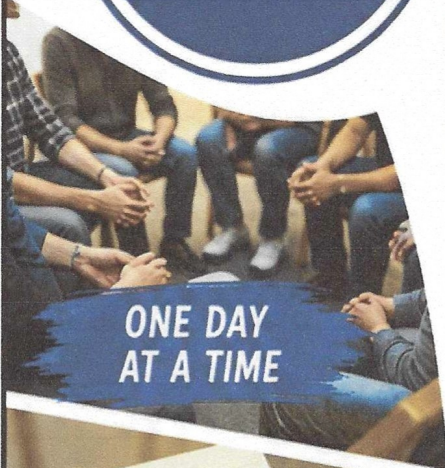


Together

WE STAY SOBER.

PREASSEMBLY

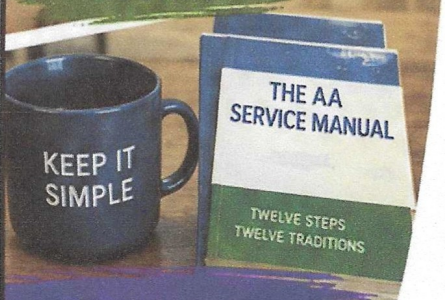
UNITING IN SERVICE TO CARRY THE MESSAGE



**ONE DAY
AT A TIME**



**SERVICE
WORKS**



**CARRY THE MESSAGE
TO THE STILL SUFFERING**



**SUNDAY
AUGUST 2, 2026**



1:30 - 6:00 PM



**GOOD SHEPHERD
LUTHERAN CHURCH**
140 E. 56th St
Tacoma, WA



**HOSTED BY
DISTRICTS**
9, 29, 43, 44, 45, 54



**PLEASE BRING
A SNACK**
to share! 



UNITY
We are stronger
together.



SERVICE
We give back
what was
freely given.



RECOVERY
Our common
welfare should
come first;
personal recovery
depends upon
AA unity.
— Tradition One

**EVERY GROUP,
EVERY MEMBER,
EVERY SERVICE ROLE
MATTERS.**
*Thank you for
your service!* 



WE SHOW UP



**WE WORK
TOGETHER**



**WE MAKE A
DIFFERENCE**



**WE CARRY
THE MESSAGE**

TOGETHER WE CAN DO WHAT WE COULD NEVER DO ALONE.

AA - THERE IS A SOLUTION.

CORRECTIONS QUARTERLY

JUNE 20 2026

10AM - 2 PM

SKAGIT COUNTY
PUD BUILDING
1415 FREEWAY DR
MOUNT VERNON
WASH

POTLUCK

Zoom INFO:
ID: 861 9473 2349
PW: 185153
Zoom opens at 9:45

AA
Questions?
corrections@area72aa.org



Area 72 Grapevine, La Viña, and Literature Quarterly

June 13, 2026, 10 am - 2 pm Hosted by District 34

This Meeting will be held in-person and hybrid

Kelsey Creek Church, 1221 148th Ave NE, Bellevue, WA 98007

or, Join us virtually, Meeting ID: 873 2199 0075 Passcode: 620280

<https://area72aa-org.zoom.us/j/87321990075?pwd=SUxzVG42QWRDQVtiU0lrR0dmbm96dz09>

Light potluck encouraged

Come join us in person for fellowship starting at 9:30 am

The business meeting will run from 10:00 am to approx 12 noon, and then we'll focus on writing for the Grapevine and la Vina!

We'll cover editorial deadlines, ways to submit an article, and hold a writing workshop to get us putting pen to paper.

Quarterly and workshop ends at 2:00 p.m.

Interpretation will be available, Spanish to English and English to Spanish

AREA 72

CPC IN ACTION INTERACTIVE 2026 WORK SHOPS

Free Coloring Book!

D18 & D35 JUN 06
Eastside Fire & Rescue
10:00a to 2:00p
175 Newport Way,
ISSAQUAH

D3 & D12 JUN 20
18th & Baker
2:00p to 6:00p
1731 Baker Ave.,
EVERETT

D7 JUL 19
Details Soon
VANCOUVER

D55 AUG 08
Sequim Valley
Foursquare Church
10:00a to 2:00p
9090 Old Olympic Hwy
SEQUIM

D31 SEP 12
Grace Lutheran
12:30p to 4:30p
22975 24th Ave S
DES MOINES

D57, D58 & D1 OCT 24
Details Soon
EN ESPAÑOL SEATTLE

D25 Q4
Details Soon
ONLINE ONLY***

FIND ONE NEAR YOU!

What is CPC?
Find out at this interactive workshop that teaches A.A. members how to cooperate with professionals, protect our Traditions, and help carry the message in practical, accessible ways.

Workshops are in-person only***



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Inscripción y compra de banquetes, y contribuciones a la 7.ª Tradición:

<https://donate.homegroup.online/vina>

Si se registra, por favor añada su dirección en la nota. No se aplican cargos bancarios al usar Zelle, Google Pay, Apple Pay, Cash App, PayPal o Venmo. Por favor, indique "vina" en la sección de notas de pago. Se aplica una comisión bancaria al usar pagos con tarjeta de crédito o débito.



**FERN HILL'S
73RD ANNIVERSARY
POTLUCK AND
SPEAKER MEETING**

**Friday June 19th, 2026
United Lutheran Church
1231 S 76th St Tacoma WA 98408**

Burgers and Hot Dogs Provided
Bring Your Favorite Dish
A-H: Salad I-Q: Side Dish R-Z: Dessert
(by First Name)
Food Starts at 6pm, Meeting Starts at 7pm

Sobriety Count Down

**GUEST SPEAKER:
MARY N. from Seeking Serenity**

**WILD WAVES
EVENT**

**SATURDAY
JULY
18
2026** | **SATURDAY,
JULY 18, 2026**

36201 Enchanted Pkwy S,
Federal Way, WA 98003

**Wild Waves
THEME & WATER PARK**

AS LONG AS WE HAVE
**OVER 15
PEOPLE**

\$37.99 + TAX

PARKING IS EXTRA

Please contact **Janet A** to purchase tickets
253-293-3610

The Loft Group | Clean & Sober Fun

AA/AL-ANON

**Northwest
FELLOWSHIP
of the SPIRIT**

SAVE THE DATE!

SEPT 10th-13th

Festhalle Civic Center, Leavenworth, WA

BANQUET, BBQ, DANCING, GAMES and FUN!

SPEAKERS: Kurt Z, CA | Matthew M, CA | Tom B, CO
Damon C, WA | Louise H, WA

*An experience
you must not miss!*

Registration now open!
nwfots.square.site



Step Ashore XII

"The Northwest Woodstock Of AA"

AUGUST 6 - 9, 2026

OCEAN SHORES CONVENTION CENTER
120 W. CHANCE A LA MER NW, OCEAN SHORES, WA 98569

2026 SPEAKERS

Georgia H. - Glendale, CA Marty J. - Richmond, B.C.
Yvonne S. - Los Angeles, CA Paul G. - Brecksville, OH
Trenton H. - Glendale, CA Christina G. - Brecksville, OH
Tonya M. - Seargeant Bluff, IA Lee D. - Santa Maria, CA
Jimmy D. - Dallas, TX Will M. - Seargeant Bluff, IA
Brent H. - Los Angeles, CA Sharon P. - Sebastian, KY

All Speakers and schedule of events are subject to change
www.nwoodstockofaa.org



EASY ONLINE REGISTRATION

Curious?

Join the Delegate's REPORT BACK

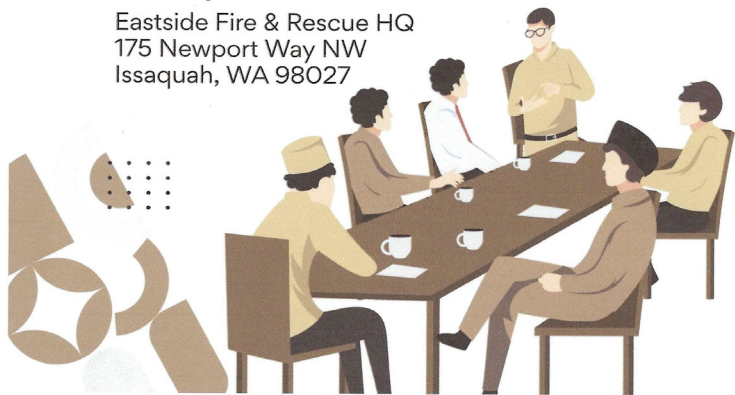
You are invited to this in-person event to hear about our delegate's experience at the 2026 General Service Conference

Bring a snack to share

Sponsored by Eastern Districts 18, 33, 34, 35, 36, 38, and 39

JUNE 14, 2026
10am - 1pm

Eastside Fire & Rescue HQ
175 Newport Way NW
Issaquah, WA 98027



DELEGATE REPORT BACK

WHEN
June 20th
10am - 2pm

WHERE
Bremerton
Salvation Army
832 6th Street, Bremerton, Washington

Hosted by
District 10 · District 22 · District 43 · District 55 · District 56

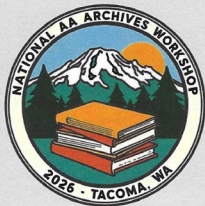
EVERYBODY IS INVITED TO ATTEND
GSR's and All members are encouraged to participate.

POTLUCK
Please Bring Something to share · District 10 will provide a main dish

7th TRADITION
Will be donated to the Salvation Army

ZOOM OPTION
ID: 768 859 4034
Passcode: 010

The 28th National AA Archives Workshop September 10th - 13th, 2026 "Archiving our past to safeguard our future."



Tacoma, Washington - Area 72
Washington State History Museum
1911 Pacific Ave, Tacoma, WA 98402

Join us for a weekend of hands-on workshops, archives presentations, and speakers. Visit the Area 72 Repository. Hospitality room with coffee and snacks.

For local hotel information and to register online visit area72aa.org/NAAAW2026



REGISTRATION

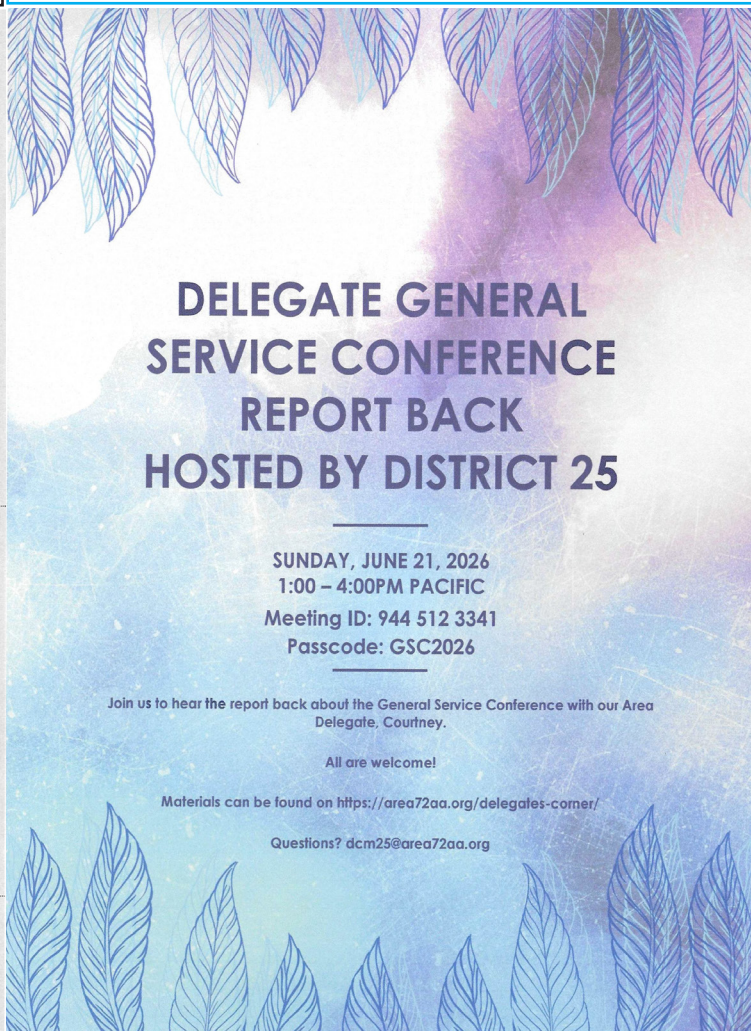
Name: _____
Name on Badge: _____
Email: _____
Address: _____
Phone: _____ Area: _____
Service Position: _____
Special Requests: _____

Registration \$70 _____
Dessert (Fri) \$20 _____
Banquet (Sat) \$65 _____
Repository Visit & Museum (Thur) \$28 _____
Total Enclosed _____

Please make checks out to "NAAAW 2026" at PO Box 8105, Tacoma, WA 98198

For more information contact Michaela N.
naaaw2026chair@gmail.com

This event will be interpreted for Keynote speakers on Thursday, Friday, and Saturday nights.



DELEGATE GENERAL SERVICE CONFERENCE REPORT BACK HOSTED BY DISTRICT 25

SUNDAY, JUNE 21, 2026
1:00 - 4:00PM PACIFIC

Meeting ID: 944 512 3341
Passcode: GSC2026

Join us to hear the report back about the General Service Conference with our Area Delegate, Courtney.

All are welcome!

Materials can be found on <https://area72aa.org/delegates-come/>

Questions? dcm25@area72aa.org

(East Side Inter-Group)

ESIG ANNUAL SUMMER PICNIC

\$5

Everyone is welcome to attend this fun event!
Burger/Dog (Vegan avail), Chips and a Drink Included

BRING A SIDE OR DESSERT TO SHARE
(Children 6 and under are free!)

FOOD - LIVE MUSIC - FELLOWSHIP - 50/50 RAFFLE - GAMES

*****NEW THIS YEAR! CORNHOLE TOURNAMENT*****

SUNDAY JULY 12
10AM-2PM

MARYMOOR VELODROME SHELTER
6046 W LAKE SAMMAMISH PKWY NE
(PARKING IS \$1 AT MARYMOOR)

Purchase your ticket via QR Code, via phone or in the ESIG office!

www.eastsideaa.org

Sobriety Seekers

- 3rd Annual -

BBQ

June 28th, 2026
11AM to 3PM
Arrive early at 10:30 to help set up!

At Game Farm Park
3030 R St SE, Auburn, WA 98002

Donations Welcome
50/50 Raffle

DISTRICT 32 ANNUAL PICNIC

Friends & Family Invited!
Burgers, hot dogs & fixins' provided. All groups are invited to donate a gift basket for the raffle!! *Last name A-H bring a side dish, I-P bring dessert, & Q-Z bring drink!*

19 JULY 2026
AT 11:30 AM - 2:30 PM

STEEL LAKE PARK
SITE 1 (COVERED)
2410 S 312TH ST,
FEDERAL WAY

BASKET RAFFLE, 50/50 RAFFLE, FOOD, FUN & FELLOWSHIP

DISTRICT 8 PICNIC

UNITY AA SERVICE RECOVERY

POTLUCK!
BRING A DISH, SHARE & ENJOY!

Sunday
JULY 26, 2026
3:00 PM - 7:00 PM

802 DESCHUTES WAY SW
at the
TUMWATER HISTORICAL PARK

BURGERS & DOGS PROVIDED!
Food, Fellowship & Fun for All!

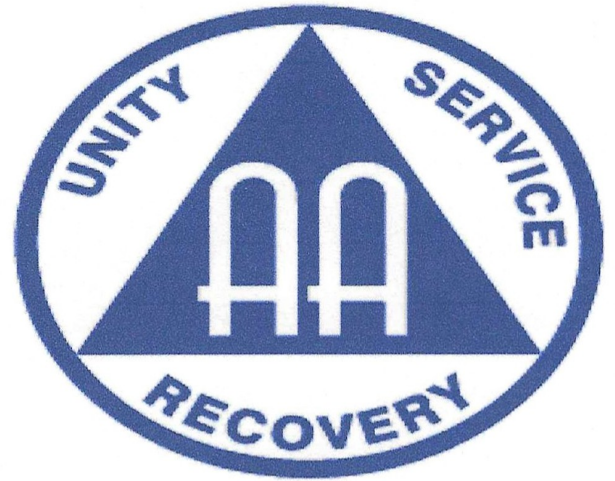
CONTACT: CHAZ GOWER | activities@aadistrict8.org

**JOIN US
FOR ANOTHER MEEKER
CAMPOUT & POTLUCK PICNIC**

When: August 7, 8, 9 2026

Where:

Camp Lakeview
32919 Benbow Dr. E
Graham WA, 98338



Camping

\$60-WEEKEND Per Tent
\$10 extra tent (\$80 w/o pre-registration)
Friday check in noon
Sunday Check out 11am
\$10 Saturday picnic per Person (No RV Hookups)

Friday Night

*7pm Chili cook off & Potluck
*Meeting at 8pm
*10pm campfire meeting

Saturday

*Meeting 6am 9am & noon
*6pm potluck
*7pm Speaker
*8pm Raffle, 50/50
*10pm campfire meeting



Activities

*Swimming
*Walking Trails
*Fishing
*Games
*Boating
(rentals available)

For more Info Contact:
Maria H (253) 468-7769
Luke F (253) 353-0855
Jenn A (425) 220-2725

ONE DISTRICT. ONE FAMILY. TOGETHER IN RECOVERY.

DISTRICT 29 FAMILY PICNIC



Join us as we come together as one recovery family - welcoming members, loved ones, and groups from across District 29 for a day of connection, fellowship and fun!

**FELLOWSHIP | POTLUCK
RAFFLE | 50/50 DRAWING**

11 AM - Fellowship

Noon - Potluck

2 PM - Raffle and 50/50 Drawing

Yard Games, DJ, Fellowship and More

**Saturday
July 11**



**Frontier Park
Graham**

Site 2 the big area on the right when you pull in the parking lot.

Service Opportunities available



**11AM -
3PM**



Contact Amanda M
altdcm29@area72aa.org



**21718 Meridian E
Graham WA**

Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's topic Tradition 7. Send it to this email by the 4th of every month d29actionlog@pugetsoundaa.org. Please take a moment to enjoy these and share!

We want to thank these anonymous AA members for sharing on Tradition 6

Tradition Six:

"An AA Group ought never endorse, finance, or lend the AA name to any related facility, or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

Why do we as a group in Alcoholics Anonymous need money, property, and prestige? With more money, we could have a nicer place to meet, more comfortable chairs, better snacks, and the finest brand of coffee. We could buy two buildings where our meetings would be held. The homeless drunk could live there as could anyone going through divorce or other domestic troubles. Of course both buildings would need more money to hire full-time workers to maintain the place. Outside would be immaculate lawns all topped off with a neon AA sign. The only thing missing is a set of rules to govern our creation. 62 sounds like a nice round number.

In this scenario, we are extending our energy to building monuments to self, and the ego and false pride that comes with it. Would all this lead to infighting and resentments? Most likely. Who hasn't been to their group business meeting where there was a heated discussion on such vital subjects as room temperature, chairs, table placement, or the brand of coffee we drink? Multiply these issues many times over and we can see how the above story illustrates how outside issues distract us from our primary purpose. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety. Dr. Bob said it best when he said to Bill "Keep It Simple"

Except for direct quotes, the rest is the writer's observations and opinions.

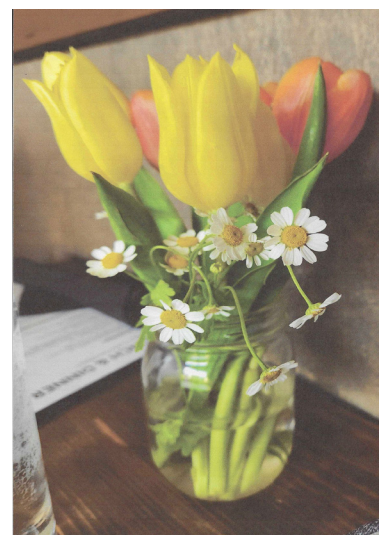
Tradition 6:

"The core of our AA procedure is one alcoholic talking to another, whether that be sitting on a curbstone, in a home, or at a meeting. It's the message, not the place, it's the message not the alms. That does our work."

Alcoholics will always be given a last drink... Some of us are fortunate enough - we get to talk about our last one.

A relapse happens in your mind before you actually pick up a drink. Be aware of your thinking.

I love that in sobriety little simple things like these flowers please me, the pleasure of just having them in my life for a moment makes me happy.

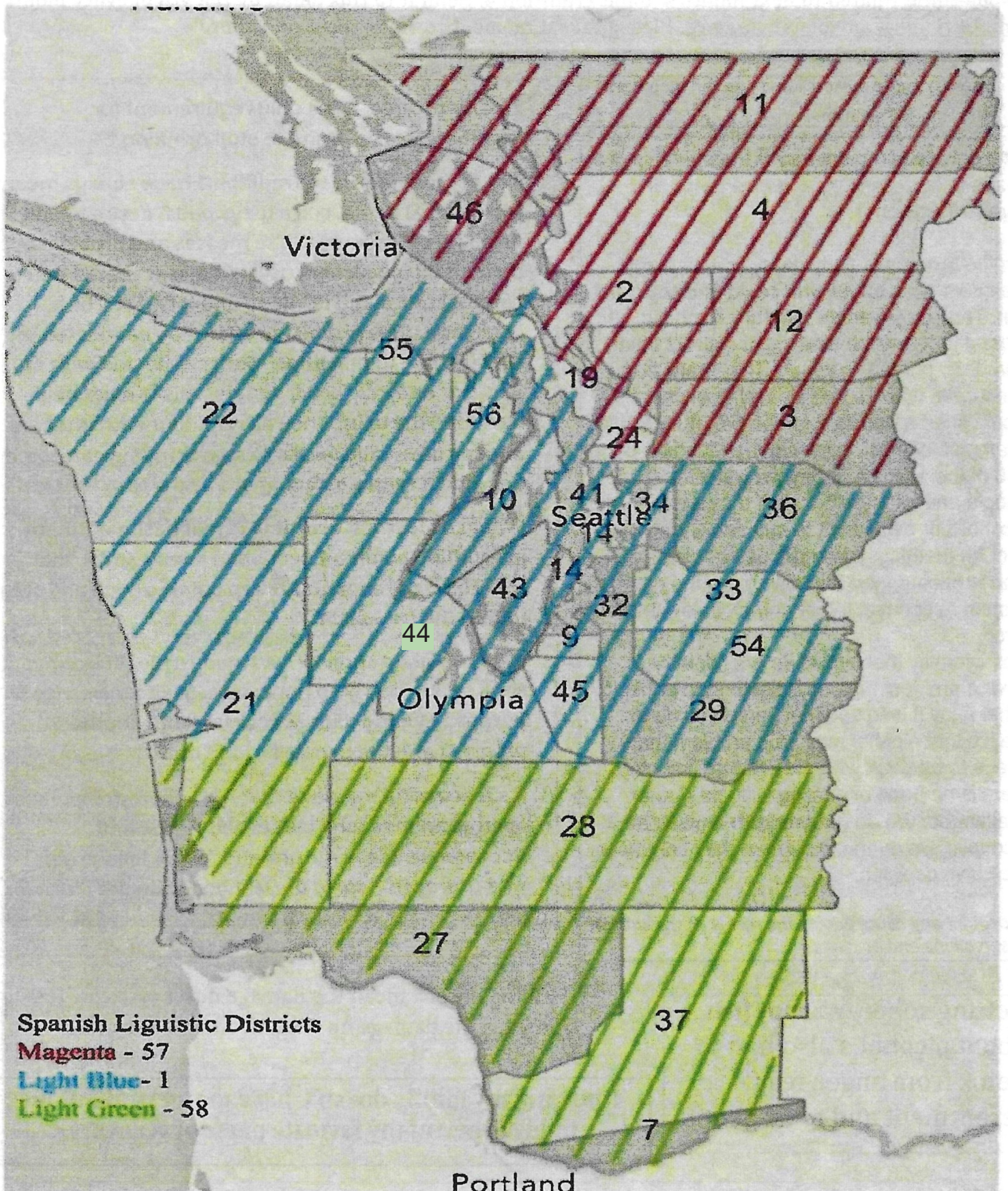


Dear AA Members of District 29,

District 29 is in need of an AA member that will fill the Correction Chair and the CPC Chair position. The rotation will last until the end of the 2026 year. At which time you can decide to continue for another rotation if you would like. Brief description of position is on page 16. If you desire a position that really helps the suffering alcoholic, (recommend 2+ years sobriety) please join the District 29 crew by contacting DCM Fred J at 253-229-7435.

Be the reason somebody believes sobriety is possible!

WESTERN WASHINGTON AREA 72 MAP



Spanish Linguistic Districts
Magenta - 57
Light Blue - 1
Light Green - 58

**We have 4 non-geographic districts - District 1, 57, & 58 are our 3 Spanish Linguistic Districts; District 25 is our Online District